

AD/HD can be a gift, once you understand how to work with a hypercreative mind! Best-selling author, coach, & internationally recognized expert Michael Sandler can help. Once called the worst student ever he learned how to overcome these challenges and now coaches and teaches others how to succeed too. A life-long ADDer who discovered how to work with his mind, he's developed this engaging info rich, easy-to-follow audiobook program. Despite being called College Confidence it's designed for students, parents & adults of all ages. Whether in or out of school, it's filled with positive tips & tools to bring out strengths & help anyone overcome hurdles and succeed with ADD. Exceptionally comprehensive yet in bite-sized nuggets, at 12 hrs +, you'll find great advice you can implement TODAY to begin turning things around now! Learn how to:- Gain focus & concentration naturally- Leverage strengths & gain confidence- Build structure & routine- Prioritize, meet deadlines, achieve goals- Use adaptive technology- Ace tests, improve notes, write A papers- Choose & apply to colleges & jobs- Improve health through diet, supplements & exercise- Gain relief from depression, anxiety & fear Plus finances, social skills & even better sleep! Diagnosed w/ADD at age 5 & again as an adult, by using the ideas taught here, Michael Sandler succeeded in turning his challenges into his greatest assets achieving 2 masters degrees, becoming a best-selling author, prof. coach, wanted speaker, and co-founder of 2 successful businesses. Filled with Michael's personal pearls of wisdom and years of coaching experience, you'll find all the tips & tools you or your loved one needs to succeed.

The 50s & 60s Kitchen: A Collectors Handbook & Price Guide, Le Morte D'Arthur: King Arthur and the Legends of the Round Table (Signet Classics), COMO SER UN BUEN AMANTE: Tecnicas Sexuales Fuera de lo Comun (Spanish Edition), How to be a Yogi: Illustrated (Anthology of Sacred Wisdom Book 4), Fair Market Value: The Almost-True Adventures of a Hollywood Call Girl (Tales of Etoile Book 2), Leaping The Abyss: Putting Group Genius To Work, Schon, dass du fragst, wie es uns hier geht ...: Eine Briefgeschichte zum Krisenfrühstück (Appetit) (German Edition), Clarkesworld Issue 107,

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